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IGNITE YOUR EVOLUTION

– Excelling through Change –

Lorraine Behnan, Speaker
ExpressionLab Communications Inc.

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7 Ways to Ignite Evolution

1. Focus on the goals, not distractions.
2. Act with agility and speed.
3. Practice tenacity and optimism.
4. Continually review processes.
5. Be an opportunity seeker.
6. Investigate before making hasty judgements.
7. Expand your experiences. Initiate don't wait.

 **IGNITE YOUR EVOLUTION**

Ensemble Performance: Teamwork

Trust

Expertise

Alignment

Motivation



IGNITE YOUR EVOLUTION

Those who work most effectively, never say 'I', they think 'we' they think 'team'.

They accept responsibility and don't sidestep it, but 'we' gets the credit.

This is what creates trust, what enables you to get the task done.

– Peter F. Drucker

 **IGNITE YOUR EVOLUTION**

Communication

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 **IGNITE YOUR EVOLUTION**

Engagement and Retention

*If I had more time I would have written
a shorter letter.*

– Mark Twain, Author

- ➔ **Prioritize** key ideas
- ➔ **Repeat** key messages

 **IGNITE YOUR EVOLUTION**

None of us is as smart as all of us.

– Ken Blanchard “High Five”

- ➔ Keep an open mind.
- ➔ “Yes and...” vs. “No but...”
- ➔ Balance the conversation.



Personal Well-being

HEALTH
IS A BLESSING THAT
MONEY CAN'T BUY

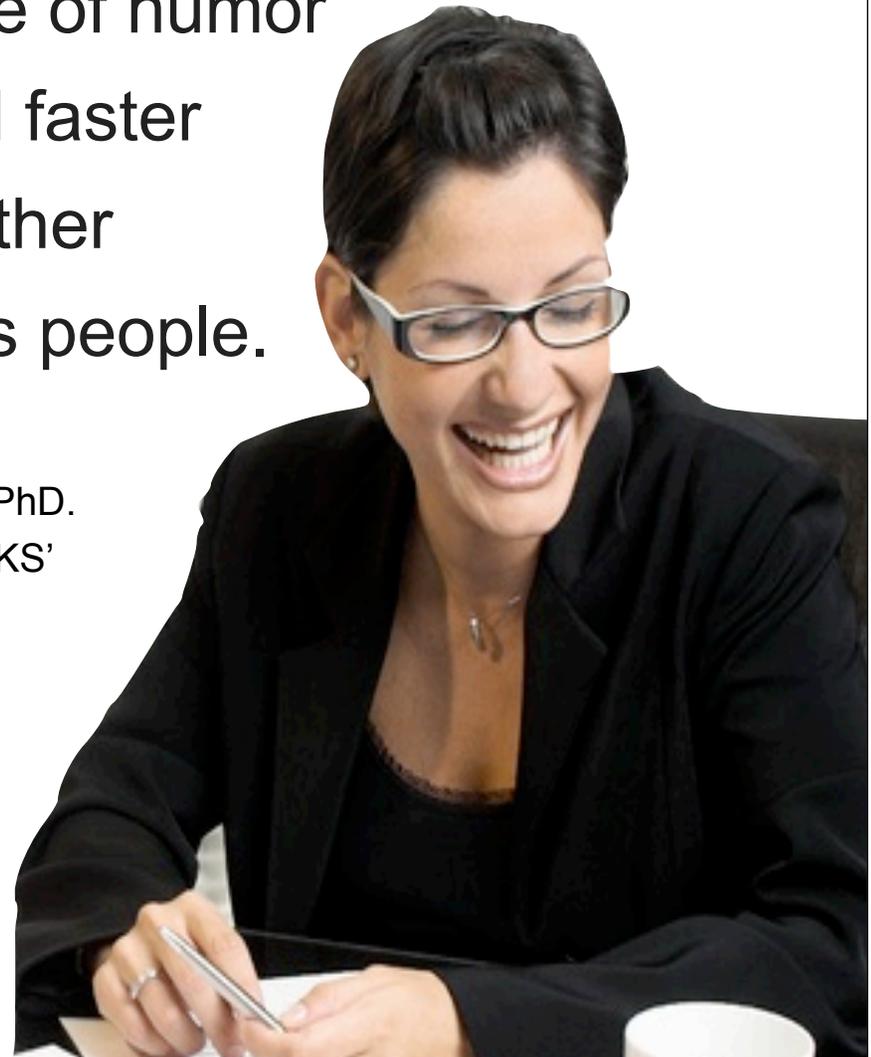
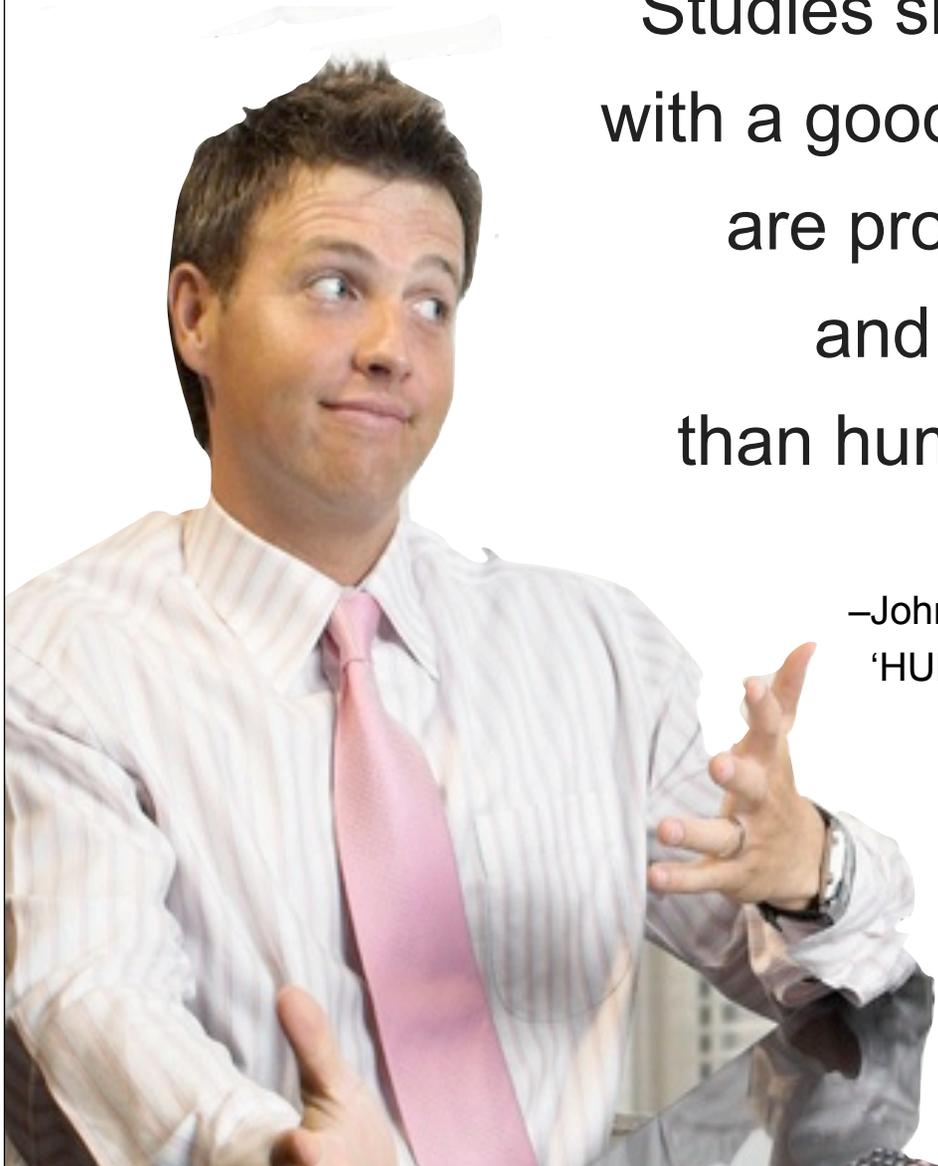
Izaak Walton, Naturalist



A Healthy Sense of Humour

Studies show that people with a good sense of humor are promoted faster and go further than humorless people.

—John Morreall, PhD.
'HUMOR WORKS'



For additional resources visit Lorraine Behnan's website and social media sites



The image shows a screenshot of Lorraine Behnan's website. The header features the name "lorraine behnan" in a large, light blue font, with "trainer", "keynote speaker", and "coach" listed to the right. A green bar at the top left says "CONTACT US". Below the header is a video player with a photo of Lorraine and the text "view lorraine in action" and "PLAY NOW". To the right of the video player are social media icons for YouTube, Facebook, LinkedIn, Twitter, and RSS, along with a "ShareThis" button. Below the video player is a section titled "FOR CLIENTS" with a link to "Speaker Requirements". The main content area has a section titled "lorraine behnan" with a bio: "has profound expertise and experience as a communicator, which, along with her enduring passion for speaking, has lead her to be a highly recognized presentation and communication specialist and keynote speaker. Lorraine's keynote speeches, workshops and personal coaching energize clients and are remarkably practical for today's fast-forward world." Below this is a paragraph about her background as a former actor and writer with the "Second City Comedy Revue". A "More about Lorraine Behnan" section lists "Program Topics" and "Presentation Coaching". A "WHAT CLIENTS SAY" section features a quote: "Lorraine's speech was the highlight of the day. We would have no hesitation in recommending her to anyone who needs a speaker for their event." and the Bell logo. To the right is an "ABOUT LORRAINE" section with a photo of Lorraine and links to "Lorraine's Blog", "Book Lorraine", and "Free Resources". Below that is a "PRODUCTS" section showing images of books and a CD, with text: "Lorraine's books and instructional CD will inspire, elevate, and educate to help with your personal and business evolution."

CONTACT US

lorraine behnan

trainer
keynote speaker
coach

view lorraine in action

PLAY NOW

YouTube Facebook LinkedIn Twitter RSS

ShareThis

FOR CLIENTS

- Speaker Requirements

lorraine behnan

has profound expertise and experience as a communicator, which, along with her enduring passion for speaking, has lead her to be a highly recognized **presentation and communication specialist** and **keynote speaker**. Lorraine's keynote speeches, workshops and personal coaching energize clients and are remarkably practical for today's fast-forward world.

A former actor and writer with the internationally acclaimed **Second City Comedy Revue**, Lorraine combines her theatrical skills with her business knowledge to create programs which are both educational and entertaining, an approach that has been branded as, "**edutainment**".

Lorraine's extensive list of **repeat clients** are a testament to her talents and value.

More about Lorraine Behnan

- Program Topics
- Presentation Coaching

WHAT CLIENTS SAY

"Lorraine's speech was the highlight of the day. We would have no hesitation in recommending her to anyone who needs a speaker for their event."



"Lorraine's presentation was on the mark in terms of value to our group. We

ABOUT LORRAINE



- Lorraine's Blog
- Book Lorraine
- Free Resources

PRODUCTS



Lorraine's books and instructional CD will inspire, elevate, and educate to help with your personal and business evolution.